

# HOSPICE CARE KENYA ANNUAL REPORT AND ACCOUNTS 2023 - 24

Company Number 07540244

**Charity Number 1141469** 

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# **Organisation Details**

#### Patrons

Lord Carey of Clifton Professor Sir Michael Richards Mr Michael Wooldridge, OBE

#### Trustees

Dr Sally Hull, Chair Dr Michael Smalley, Vice Chair Yvonne Sanders Hon. Treasurer Dr Sarah Onyango Sharon Maweu Dr Michael Hughes Prof Heather Richardson Mr David Worthington (till 28/07/23) Ms Henrietta Worthington (from 16/01/24)

# Staff

Ms Pauline Everitt Director Mrs Catherine Nelson

#### **Registered Office**

Hospice House 34 – 44 Britannia Street London WC1X 9JG Telephone: 01905 936184 Email: <u>hck@hospicecarekenya.com</u> Web: <u>www.hospicecarekenya.com</u>

#### Bankers

CAF Bank Ltd, Kings Hill, West Malling, Kent ME19 4TA

#### **Examining Accountant**

B C Lloyd FCA Ashfield, Bradley Lane, Bradley, Stafford, ST18 9DP

# Background

Hospice Care Kenya (HCK) is a registered UK charity. It was founded in 1991 to support the newly opened Nairobi Hospice, Kenya's first hospice for palliative care. Since then, we have helped develop palliative care services in 29 of Kenya's 47 counties.

HCK raises funds in the UK to support the development and delivery of palliative care in Kenya by responding to specific requests for project funding from hospices and other palliative care units.

In carrying out these objectives and planning activities the Trustees have carefully considered the Charity Commission's general guidance on public benefit and to-the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

In the year 2023-24 we continued to respond to grant applications according to our grant making policy and to use our monitoring processes to ensure that our funds are used effectively to make a real difference to people in Kenya in need of palliative care.

# **Objectives and Activities**

Last year, the trustees approved a new strategy based around the three pillars of **Partnership**, **Empowerment** and **Advancement** and we have begun to actively move forward with this strategy. As reported last year, HCK has been fortunate to receive two significant legacies that have made this expansion of activity possible. However, we are conscious of our obligation to use these monies wisely and for the purpose for which they were intended; that of supporting palliative care in Kenya.

We have continued to partner with hospices and palliative care units throughout Kenya and we are pleased that we have been able to support palliative care in new locations.

HCK has long been aware of the need to increase access to palliative care for children. Therefore, it was decided that we would undertake a project with three partners to improve awareness with teachers, community leaders and families to reduce the significant stigma around paediatric palliative care and to provide more psycho-social support for families. The trustees designated £30,000 over eighteen months for this project, which started in October 2023.

Similarly, the trustees wanted to move forward on other aspects of the strategy and we continued to support education and the training of health professionals and community workers. Another Safeguarding course was held in June 2023 with a follow-up workshop held in September to help participants develop their own safeguarding polices. These are in line with our strategy on Empowerment.

The trustees also want to progress the Advancement strand of the strategy which focuses on underserved populations and unreached locations. HCK is concerned about gender disparities in palliative care. The HCK UK Aid (DfID) project, (2021-23) highlighted ways in which women are disproportionately affected by a cancer diagnosis. This has led the trustees to designated £30,000 from the 2024-25 budget to innovative projects to reduce gender disparities over the next eighteen months. It is hoped that the first of these will start in September 2024.

Another £30,000 has been designated for advancing palliative care into unreached locations. Unreached locations and underserved populations are not mutually exclusive. Indeed, they are likely to overlap, as in the successful humanitarian project in the Dadaab refugee camp, held in March 2024. Medical workers who work in very difficult and challenging circumstances, from all three refugee camps in Dadaab, received training in palliative care. HCK are grateful to UNHCR, the camp operators and KEHPCA for making this possible.

Our relationship with our key partner, Kenya Hospice and Palliative Care Association (KEHPCA) has continued to be strengthened this year and the director of HCK continues to meet monthly with the director of KEHPCA via zoom. These links were further consolidated by the attendance of two trustees and the director at KEHPCA's 6<sup>th</sup> National Palliative Care Conference, which was held in Kisumu, Kenya in November 2023. This was a tremendous opportunity to talk about the work of HCK and also to meet many of our partners who have been recipients of HCK grants.

The conference was part of a wider monitoring visit. Normally HCK tries to make a monitoring visit once every three years, however, this was delayed due to COVID 19. This time the treasurer joined the team after the conference for visiting the hospices, as the trustees felt that her insight and knowledge would strengthen our due diligence. The monitoring visit was made up of Dr Sally Hull (Chair), Yvonne Sanders (Treasurer), Sharon Maweu (trustee) and Pauline Everitt (Director). Each person had specific areas to look at as part of our monitoring and evaluation and due diligence on the hospices we visited. We were able to visit Meru, (a partner in the paediatric palliative care project), Laikipia, and Nyeri Hospices. In addition, we visited Nanyuki Cancer Support Group. While we were in Nairobi, we visited Nairobi Hospice, Kenya Training and Medical College and KEHPCA.

We were encouraged by the proactive attitudes of the hospices in pushing forward palliative care and in their efforts towards sustainability. The treasurer, spoke to her finance counterparts in these hospices and generally felt they had robust financial systems in place.

The visit reinforced the importance of such visits for HCK, our partners and for KEHPCA. It demonstrated our commitment to palliative care in Kenya, deepened our understanding of the issues the hospices are facing and emphasised to our partners, the importance we put on good governance.

HCK is keen to ensure that it has good monitoring and evaluation systems in place and operational ways of doing that. This has been backed up by new or substantially reviewed polices during the last year to reinforce our stand on financial probity.

The trustees understand that the strategy will only be effective if the charity is strong and financially sustainable. Fundraising remains a challenge with a contraction in funds available from Trusts and Foundations for international development. Therefore, we continue to be very grateful to our very dedicated and committed regular donors and to those who give occasionally. We appreciate all the donations we receive enabling our continued our support to hospices and palliative care units in Kenya.

In response to the importance of social media and the increase in digital communication, HCK recruited a social media intern in November 2022 and her contract was extended for a further six months until September 2023. We are grateful to Cate for her hard work in increasing our followers on Facebook and for establishing HCK on Instagram and LinkedIn.

Poetry Above the Crypt, a popular evening of poetry held quarterly at St Marys, Islington in London, returned this year. The events are organised by friends of Hospice Care Kenya, Nancy Mattson and Mike Bartholomew-Biggs, and all the proceeds from these events are donated to HCK. We would like to thank Mike and Nancy, and the many contributing poets, for choosing to support our work at these events.

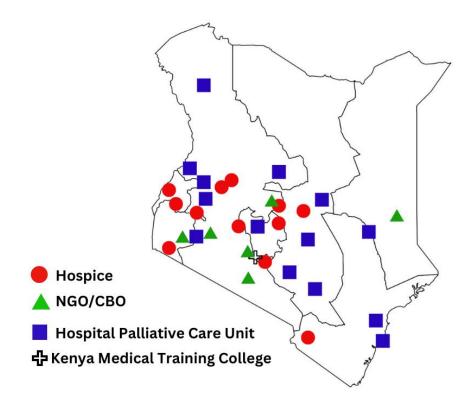
# **Achievement and Performance**

In line with our strategy for 2022-2025, and to enable us to monitor our impact against our strategic objectives, we have outlined the achievements in our activity report under our three strategic pillars: partnership, empowerment and advancement.

In 2023/24 we helped improve the lives of more than 5,028 adults and 627 children with life-limiting illnesses in Kenya through direct provision of palliative care.

We reached over 25,000 individuals with training or awareness in palliative care.

Map of palliative care facilities and projects supported in 2023-24



# GRANTS MADE TO KENYA 2023-24

| Busia Hospice               | Home visits and day care   | 1,485          |
|-----------------------------|--|----------------|
| Embu County hospital        | Training community health volunteers   | 1,850          |
| Garissa County Referral     | Training community health volunteers, health                                   | 4,133          |
| Hospital                    | care workers and caregivers  |                |
| Ikutha Level IV Hospital    | Training community health volunteers and                                       | 1,918          |
|                             | health care workers  |                |
| КЕНРСА                      | Paediatric palliative care webinars and support                                | 3 <i>,</i> 368 |
|                             | for 7 nurses presenting at the KEHPCA  |                |
|                             | conference   |                |
| КЕНРСА                      | Safeguarding training  | 1,061          |
| Kenya Medical Training      | Tuition fee sponsorship for needy students studying                            | 3 <i>,</i> 500 |
| College                     | Diploma in Palliative Care nursing   |                |
| Kakamega County General     | Training community health volunteers, health                                   | 1,981          |
| Hospital                    | care workers and caregivers  |                |
| Kilifi PCU                  | Training community health volunteers, health                                   | 2,945          |
|                             | care workers and community leaders. Support                                    |                |
|                             | groups.  |                |
| Kisii Teaching and Referral | Training community health volunteers, home                                     | 1,981          |
| Hospital                    | visits   | 1.010          |
| Kitale County Hospital      | Training community health volunteers   | 1,918          |
| Laikipia Palliative Care    | Training community health volunteers, home                                     | 1,930          |
| Centre                      | visits and patient care  | 2.046          |
| Machakas DCL                | Training community health volunteers and                                       | 3,916          |
| Machakos PCU                | monthly day care   | F 20C          |
| Malindi                     | Training community health volunteers and                                       | 5,396          |
|                             | health care workers, home visits, support groups<br>Paediatric palliative care | 8,197          |
| Meru Hospice                | Tuition fee sponsorship for needy students studying                            | 1,930          |
| Nairobi Hospice             | Diploma in Palliative Care nursing   | 1,930          |
| Nanyuki Cancer Support      | Support group, and outreach and awareness                                      | 2416           |
| Group                       | activities   | -              |
| Nyambene Subcounty          | Support groups and home visits   | 1485           |
| Hospital                    |  |                |
| Nyeri Hospice               | Home visits including caregiver training, board                                | 2877           |
|                             | development and training   |                |
| ONPACC                      | Paediatric palliative care   | 6,624          |
| Oasis of Hope               | Training community health volunteers and                                       | 1,930          |
|                             | health care workers, home visits   |                |
| Samburu                     | Training care givers and home visits   | 1,450          |
| Siaya Hospice               | Paediatric palliative care   | 8,238          |
| Sori Lakeside Hospital      | Training community health volunteers, health                                   | 1,450          |
|                             | care workers and caregivers  |                |
| St Mary's Medical Centre    | Training community health volunteers   | 1,450          |
| Taita Taveta Hospice        | Day care and drugs   | 1,485          |

| Turkana Cancer  | r Support | Training  | community     | health   | volunteers | and | 2,000 |
|---|-----------|-----------|---------------|----------|------------|-----|-------|
| Group   |           | health ca | re workers, h | ome visi | ts         |     |       |
| Vihiga County Hospital Home visits and support groups   |           |           |               |          | 1,981      |     |       |
| Vines Kenya, Kisii Training community health volunteers |           |           |               | 1,964    |            |     |       |

# Partnership

In 2023-24 we worked in partnership with 32 hospices, palliative care centres and training programmes in the development and delivery of palliative care across 24 Kenyan counties. Through our partnerships, we directly cared for 5,655 people living with life-limiting illness, including 627 children. Our reach was greater than ever before, working with an additional 6 partners compared with the previous year and reaching over 2,000 more patients with direct care.

We increased the reach of our support to home-based palliative care provision, visiting large areas of 17 counties and reaching over 2,523 patients and their families.



Home visits taking place in Machakos, Kilifi and Kajiado

# We supported 11 centres to run regular support groups and day care sessions, reaching over 1,394 patients and their carers.

Hospice day-care sessions and support groups bring patients and carers together for peer support, counselling and information sharing. This is also an opportunity for nurses to train patients to better manage their condition and keep as healthy as possible.

"For a long time I had looked forward to meeting with people who have had a similar experience to me. I attended the patients and caregivers support group and afterwards I felt like a heavy load has been removed from my shoulders. It changed the way I view things; I gained courage to continue with the journey knowing that I am not alone."

~Mose Lewa – cancer survivor from Kilifi County and attendee of rural Ziani support group

# **Empowerment**

We trained 1,056 Community Health Volunteers across 18 counties in basic palliative care, empowering them with the skills and knowledge needed to provide home-based palliative care to people in rural and isolated communities. Following training, volunteers continue to be closely supervised and supported by hospice nurses who find innovative ways of providing support and sharing information. Many trained cohorts this year set up WhatsApp's groups and in Kisii County, a teleconsulting service has been set up so that volunteers can contact a palliative care practitioner for support at any time of day or night.

Trained community health volunteers do not only provide patients with continuity of care in the home between hospice visits but play a vital role in identifying and referring potential patients to the hospice, assisting with earlier diagnosis. Machakos Palliative Care Unit targeted a densely populated location with high incidence of cancer and HIV and trained 26 community health volunteers. As a result, they saw a 37% increase in new patients thanks to the awareness work of the trained community health volunteers.

# We also trained 695 general health professionals from government hospitals in short courses in palliative care and provided partial sponsorship for 9 nurses in need of financial assistance to study an 18-month Higher National Diploma in Palliative Care Nursing.

In Kericho County there is no public provision of palliative care at all, so by supporting partner Oasis of Hope to train hospital medical professionals we supported the first steps towards improving access in the county.

"The training has helped me grow as an individual, it has empowered me with knowledge, skills and attitude as far as managing my patients is concerned. This has greatly impacted service delivery especially in my work area that is the renal unit, I am able to advise my patients and their families better, I am also able to advocate for improvement of quality of life and optimizing comfort to the patients especially with end stage renal disease."

~Mercy Chepkoech - nurse

To relieve the pressure on over-stretched palliative care nurses, we are training and supporting family caregivers to provide continued care in the home between hospice home visits. Giving caregivers the skills and confidence to oversee their loved ones' medication and personal care improves wellbeing for both patients and carer. Last year we trained 181 family care givers in basic home-based care.



"I want to thank the hospice for the training they offered my son Laban. Since the training we are able to communicate well and we seem to get along better when it comes to issues of my health. He has changed - it is like he has developed some patience when helping me and he seems to be at ease when dressing my wound. Thank you hospice for the good work you are doing for us".

~Florence Odhiambo, whose son attended care-giver training at Eldoret Hospice.

We trained 723 influential community people, including community leaders, religious leaders and teachers. Training these community 'gate keepers' is essential for ensuring that palliative care information is trickled down throughout the community, for increasing referrals and for encouraging acceptance of palliative care services.

As part of our **Every Child Counts** project to develop child palliative care across Siaya, Meru and Kajiado counties, we have focused on reducing stigma and improving inclusion of children with palliative care needs and disabilities. Community meetings have been held with 511 community and religious leaders. These individuals were engaged to help change perceptions of children with disability and palliative care needs in their communities and identify possible children in need. 377 teachers and 10,987 school children have been reached in visits to 26 schools across the three counties where children and teachers were engaged through dance and singing and encouraged to think about and discuss the challenges

"I had no idea what palliative care was since I am a teacher not medic, but I am happy that I have received knowledge on it and will champion to see that children with such needs are well taken care of in our school".

~Teacher at Mbaga mixed primary school.

Over 22,000 further people in the community were reached with information and advice on cancer and palliative care through large public awareness events.

# Advancement

Over the last financial year, we have worked with more partners across a larger geographical reach than ever before, including new projects in Migori, Turkana and Garissa in the furthest reaches of Kenya. We have also expanded our work into new focus areas, including child palliative care and unserved refugee camps.

Our Every Child Counts project commenced in October 2023 bringing child palliative care to Siaya, Kajiado and Meru Counties. Through awareness activities in communities and schools, and through training health professionals and community health volunteers, we have already increased the number of children enrolled at hospices and receiving care in the home across the three counties by 143%.

Together with the Kenya Hospice and Palliative Care Association we ran a series of webinars on child palliative care for palliative care providers and paediatric nurses and doctors across Kenya, with 5 sessions taking place during the year and reaching 68 health care providers.

In March, we supported a team of palliative care specialists to travel to Dadaab refugee camp in the north of Kenya, in the first steps towards developing palliative care services in the camp. The team provided palliative care training to a group of 7 health care professionals working in the camp and 13 nursing support volunteers. The trainees will now work at facility and community levels to provide palliative care services, referrals and home-based care.

"I came in with a mind-set that palliative care is for the dying, now I know it's about improvement of quality of life. I may be limited due to less or unavailable resources here in the camp, but my attitude should communicate care, compassion and support. Truly, palliative care is about living".

#### ~A nurse trainee from the camp

**Safeguarding** the welfare of the vulnerable adults and children we support is paramount, and ensuring that our partners in Kenya have policies and procedures in place to protect their vulnerable patients is a priority for HCK. In summer 2023 we held a safeguarding training event for all our partners followed up with a safeguarding workshop on developing policies and procedures, with participation of staff from 12 of our independent hospice partners.

# Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23<sup>rd</sup> February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1<sup>st</sup> April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently examined financial statements of the Company for year ended 31<sup>st</sup> March 2024 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

The Trustees are pleased to confirm that no serious incident has occurred during the last year and that no serious incident has occurred that has not been reported to the Charity Commission.

# **Recruitment and Appointment of Trustees**

During this year David Worthington stepped down as trustee after many years of service. David helped the charity navigate the legal complexities of becoming a Limited Company in 2011 and also with the long process of obtaining the legacy from one of the benefactor's estate. His professional legal expertise and wisdom made him a valued member of the Board and HCK is truly grateful for all his support and commitment during his time of service.

When there is the requirement to appoint a trustee, personal contacts and networking are used initially to find suitable candidates. Therefore, the trustees of HCK are very pleased to welcome David's

daughter, Henrietta Worthington. Henrietta is also a solicitor and her expertise will be invaluable.

An appointment of a trustee must have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the Memorandum and Articles governing its activities and they are required to sign a Trustee Declaration and Code of Conduct.

#### Financial review of the accounting period 1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £161,688 (2023: £163,686). We continue to be generously supported by donations from individuals. Given the current circumstances we are very grateful for this on-going support and in particular to those many donors giving regularly by direct debit or standing order. The ability to claim Gift Aid on donations makes a significant difference to our income.

Due to the efforts of our fundraiser, the charity again secured income from Trusts and Foundations.

HCK has two grant rounds each year when we invite applications from hospices and palliative care units who are members of KEHPCA. The trustees follow a rigorous application criteria process before awarding the grants and due diligence is carried out prior to any disbursement. The first grant round for the year 2023-2024 was April 2023, with the second in October 2023. The Grant Policy was reviewed and revised in January 2024 before the new financial year

It should be noted that we received £19,786 from UK Aid (DfID) in 2022/23, which was not available to us in 2023/24 as the project had finished and despite that, our grant giving remained high.

#### **Policy on Reserves**

The Trustees reviewed the Reserves Policy in the year and decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £18,000 in reserves. This remains unchanged since last year. The Reserves Policy is reviewed annually in July. However, although we hold £18,000 as reserves, the trustees are aware that the amount we hold is far in excess of that.

Therefore, the trustees have specifically designated funds as follows:

| General Grant Disbursements                               | 60,000  |
|---|---------|
|   |         |
| Project disbursements -Paediatric Palliative Care project | 21,753  |
| Project dispursements -Paeulatric Paillative Care project | 21,755  |
| in Siaya, Kajiado and Meru (already started).             |         |
|   |         |
| Empowerment (eg safeguarding, disability awareness        | 3,000   |
|   | -,      |
| etc)  |         |
|   |         |
| Gender disparity projects                                 | 30,000  |
|   |         |
| Unreached areas /underserved populations                  | 20,000  |
|   |         |
|   | 424 752 |
| Total Cost of Grants                                      | 134,753 |
|   |         |

Although the remaining funds have not been designated for specific projects, all but the £18,000 reserves, are available for grants.

The trustees also wish to be prudent in this difficult fundraising climate, and not over commit in the coming year, whilst still proactively supporting palliative care in Kenya.

#### Acknowledgements

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We are grateful to the following trusts and organisations who have made welcome donations during the year.

Willoughby Harry Thompson TrustMichael & Harriet Maunsell Charitable TrustArimathea Charitable TrustAustin Bailey FoundationFulmer TrustRest Harrow TrustOakdale TrustHawthorne TrustSt Mary's IslingtonSt Mary's, One World Group, StaffordCapel Court Chapel CommitteeSt Mary's Islington

We appreciate all our donors especially those who faithfully give month by month. This regular income gives a degree of certainty which is so helpful. We also want to record a big 'thank you' to those individuals who donate anonymously. In addition, we are immensely grateful to those individuals and organisations who have given us significant financial support during the year.

Signed on behalf of the Trustees

Y Sanders, Honorary Treasurer Aug. 2024

#### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

My report on the accounts of the Company for the year ended 31 March 2024, which are set out on pages 14 to 19, is in respect of an examination carried out under s.43 of the Charities Act 1993.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- to state whether particular matters have come to my attention

#### **BASIS OF INDEPENDENT EXAMINER'S REPORT**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respects the requirements
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and to comply with the requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

13<sup>th</sup> June 2024

B C Lloyd FCA Ashfield, Bradley Lane Bradley, Stafford ST18 9DP

#### 1.HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

#### STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) FOR THE YEAR ended 31st March 2024

|   |             | Unrestricted | Restricted | TOTAL<br>FUNDS | 2023    |
|---|-------------|--------------|------------|----------------|---------|
|   | <u>Note</u> | £            | £          | £              | £       |
| Income and endowments from              |             |              |            |                |         |
| Donations and Legacies                  |             |              |            |                | 22.522  |
| Donations                               |             | 30,373       | 271        | 30,644         | 29,623  |
| Legacy                                  |             | 103,633      | -          | 103,633        | 101,041 |
| Charitable Activities                   |             | F 444        | 45 700     | 20.020         | 24.200  |
| Trust Income                            |             | 5,111        | 15,709     | 20,820         | 31,269  |
| Investment Income – bank interest       |             | 6,591        | -          | 6,591          | 1,753   |
| Total Income and Endowments             |             | 145,708      | 15,980     | 161,688        | 163,686 |
| Expenditure on:                         |             |              |            |                |         |
| Raising funds:                          |             |              |            |                |         |
| Fund raising costs of grants            | 3           |              |            |                |         |
| and donations<br>Charitable activities: | C           | 11,424       | -          | 11,424         | 10,591  |
| Grants made to Kenya                    | 6           | 67,150       | 15,709     | 82,859         | 91,248  |
| Other Expenditure                       | 3           | 31,317       | ,<br>_     | 31,317         | 26,156  |
|   | 5           | ,            |            |                | ,       |
| Total resources expended                |             | 109,892      | 15,709     | 125,600        | 127,995 |
| Exchange rate variance                  |             |              | -          | -              | (1,208) |
| Net income being net movement in funds  |             | 35,816       | 271        | 36,087         | 34,483  |
| Reconciliation of funds:                |             |              |            |                |         |
| Total funds brought forward             |             | 249,060      | -          | 249,060        | 214,577 |
| Total funds carried forward             |             | 284,876      | 271        | 285,147        | 249,060 |

#### HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

#### BALANCE SHEET 31st March 2024

|  | <u>Note</u> | 2024    | 2023    |
|--|-------------|---------|---------|
|  |             | £       | £       |
| Current assets                                 |             |         |         |
| Debtors and Payments in Advance                | 4           | 4,258   | 4,524   |
| Cash at Bank                                   |             | 281,403 | 245,020 |
|  |             | 285,661 | 249,544 |
| Creditors: amounts falling due within one year | 5           | (514)   | (484)   |
| Net current assets                             |             | 285,147 | 249,060 |
| Net assets                                     |             | 285,147 | 249,060 |
| Which represent :-                             |             |         |         |
| Unrestricted Funds                             |             |         |         |
| - General funds                                |             | 150,123 | 18,000  |
| - Designated funds                             |             | 134,753 | 231,060 |
| Restricted Funds                               |             | 271     | -       |
| Total charity funds                            | 7           | 285,147 | 249,060 |

#### STATEMENT OF CASH FLOWS for the Year Ending 31<sup>st</sup> March 2024

|                                      | £        | £       |
|--------------------------------------|----------|---------|
| Opening Cash Balance                 |          | 245,020 |
| Operating Activities                 |          |         |
| Receipts from raising funds          | 150,778  |         |
| Gift aid received                    | 4,318    |         |
| Increase in debtors                  | 266      |         |
| Increase in creditors                | 30       |         |
| Payments made                        | (42,741) |         |
| Grants paid to Kenya                 | (82,859) |         |
| Movement from operating activities   | 29,792   |         |
| Investing activities – bank interest | 6,591    |         |
| Net movement                         |          | 36,383  |
| Closing Cash Balance                 |          | 281,403 |

For the year ended 31st March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2024 as set out on pages 14 to 19, were approved by the Trustees on 26<sup>th</sup> July 2024 and signed on their behalf by

Sally Hull Chair

Yvonne Sanders Honorary Treasurer

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024

#### 1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

#### 2. ACCOUNTING POLICIES

#### a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

- b. <u>Donations and Voluntary Income</u> All cash income is accounted for at the time of receipt.
- c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

|                       | Fundraising | Charitable<br>Activities |        |        |
|-----------------------|-------------|--------------------------|--------|--------|
|                       | £           | £                        | Total  | 2023   |
|                       |             |                          | £      | £      |
| Bank Charges          | 15          | 60                       | 75     | 780    |
| Fundraising Costs     | 1,009       | -                        | 1,009  | 1,460  |
| Prof fees & Insurance | -           | 527                      | 527    | 2,700  |
| Newsletters           | 690         | -                        | 690    | 538    |
| Office Costs          | 291         | 679                      | 970    | 1,283  |
| Travel                | 190         | 443                      | 633    | 674    |
| Monitoring visit      | -           | 7,551                    | 7,551  | -      |
| Staff Costs –Salary & |             |                          |        |        |
| Pension               | 9,171       | 21,998                   | 31,169 | 29,254 |
| Website               | 58          | 59                       | 117    | 58     |
|                       | 11,424      | 31,317                   | 42,741 | 36,747 |

#### 3. DEBTORS

The amount of £ 4258 (2023: £4,524) is the prepayment of PO box number, NPG & website.

#### 5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £234 for pension costs (2023: £219), PAYE £243 (2023: £229) and had trade creditors of £36 (2023: £361).

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024(Continued)

#### 6. GRANTS MADE TO KENYA

|   | 2024   | 2023   |
|---|--------|--------|
|   | £      | £      |
| Busia Hospice   | 1,485  | 7,195  |
| Eldoret   | -      | 2,733  |
| Embu County Hospital  | 1,850  | -      |
| Garissa County Referral Hospital                                | 4,133  | -      |
| Hope for Cancer Kids  | -      | 4,180  |
| Ikutha Level IV Hospital  | 1,918  |        |
| JM Kariuki Hospital   | -      | 3,643  |
| KEHPCA 2 grants   | 3,368  | -      |
| KEHPCA – Safeguarding course                                    | 1,061  | 7,890  |
| Kenya Medical Training College                                  | 3,500  | 4,561  |
| Kakamega County General Hospital                                | 1,981  | -      |
| Kilifi PCU  | 2,945  | 3,137  |
| Kisii Teaching and Referral Hospital                            | 1,981  | -      |
| Kitale County Hospital  | 1,918  | 1,874  |
| Laikipia Palliative Care Centre                                 | 1,930  | 5,016  |
| Machakos PCU  | 3,916  | 1,567  |
| Mandera   | -      | 2,529  |
| Malindi   | 5,396  | -      |
| Meru Charitable Trust (set up by the Hospice for the paediatric | 8,197  | 4,000  |
| palliative care project   |        |        |
| Nairobi Hospice   | 1,930  | 11,749 |
| Nakuru Hospice  | -      | 3,138  |
| Nanyuki Cancer Support Group                                    | 2416   | 4,231  |
| Nyambene Subcounty Hospital                                     | 1485   |        |
| Nyeri Hospice   | 2877   | 3,291  |
| Ongata (ONPAC) (paediatric palliative care project)             | 6,624  | 10,630 |
| Oasis of Hope   | 1,930  | 1,849  |
| Samburu   | 1,450  | -      |
| Siaya Hospice DFIID   | -      | 5,724  |
| Siaya Hospice (paediatric palliative care project)              | 8,238  | -      |
| Sori Lakeside Hospital  | 1,450  | -      |
| St Mary's Medical Centre  | 1,450  | -      |
| St Vincent de Paul  | -      | 2,311  |
| Taita Taveta Hospice  | 1,485  | -      |
| Turkana Cancer Support Group                                    | 2,000  | -      |
| Vihiga County Hospital  | 1,981  | -      |
| Vines Kenya, Kisii  | 1,964  | -      |
| Total Disbursed to Kenya  | 82,859 | 91,248 |

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024(Continued)

No Trustee received remuneration in the year and no expenses were paid. (2023: £168)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £ 28,881 (2023 £29,254)

#### 7. MOVEMENT IN FUNDS

|                     | <b>Unrestricted</b> | <b>Designated</b> | <b>Restricted</b> | <u>Total</u> |
|---------------------|---------------------|-------------------|-------------------|--------------|
| As at 1 April 2023  | 18,000              | 231,060           | -                 | 249,060      |
| Incoming Funds      | -                   | 145,708           | 15,980            | 161,688      |
| Total Incoming      | 18,000              | 376,768           | 15,980            | 410,748      |
| Outgoing Funds      | -                   | (109,891)         | (15,709)          | (125,600)    |
| As at 31 March 2024 | 18,000              | 266,877           | 271               | 285,148      |

#### **Previous Year**

|                         | <u>Unrestricted</u> | <b>Designated</b> | <b>Restricted</b> | <u>Total</u> |
|-------------------------|---------------------|-------------------|-------------------|--------------|
|                         |                     |                   |                   |              |
| As at 1 April 2022      | 14,000              | 194,126           | 6,451             | 214,577      |
| Incoming Funds          | -                   | 139,217           | 24,469            | 163,686      |
| Total Incoming          | 14,000              | 333,343           | 30,920            | 378,263      |
| Outgoing Funds          | -                   | (95,590)          | (32,405)          | (127,995)    |
| Exchange Rate Losses    | -                   | -                 | (1,208)           | (1,208)      |
| Transfers between Funds | 4,000               | (6,693)           | 2,693             | -            |
| As at 31 March 2023     | 18,000              | 231,060           | -                 | 249,060      |

The Trustees reserve policy is to hold £18,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.